



Maternity help: Holding your pants up with Belly Ups

Although they no longer work for me, having a pair of **Belly Ups** would have been great early on in pregnancy. They look like little suspenders and they serve to hold up your low-rise regular pants for longer than you could normally wear them into pregnancy. As you start to show, you can use the **Belly Ups** to hold your unbuttoned pants up.

You can also use them on loose fitting maternity clothes that you may fear will come down. They hide right under your shirt and clip to your bra, so no one can tell you're wearing them.
